

MetaRelax - 84 sachets

MET8309

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Buy this product at <https://www.nutri4all.com/met8309-metarelay-84-sachets>

At times of stress and tiredness
Good for the muscles

Description

Usage

1 sachet daily or as recommended
Safe during pregnancy
Safe during lactation

MetaRelax® is a complete magnesium complex used to support psychological functions as during moments of stress (folate), fatigue (folate, magnesium and vitamin B6) and to support the muscles (magnesium and vitamin D).

Composition

Ingredients per sachet	Shape/component	Quantity	%RI
Magnesium		200 mg	53.3%
	Magnesium glycerophosphate	1800 mg	
Vitamin B6	Pyridoxal-5-phosphate	2 mg	143%
Folate	Calcium-L-methylfolate (MetaFolin®)	200 µg	100%
Vitamin B12	Methylcobalamin	25 µg	1000%
Vitamin D	Cholecalciferol	(1000 IU) 25 µg	500%
Taurine		200 mg	

Also contains:

- Citric acid,
- Orange juice powder (Citrus sinensis),
- Citrus flavor,
- Steviol glycosides from stevia
- Magnesium carbonate
- Dicalcium phosphate

**Nutri4all**

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Characteristic:	Vegetarian
Form:	Pouches
Free from:	Gluten, Lactose, Soya
Raw Material:	Folate, Magnesium, Taurine, Vitamin B6, Vitamin B12, Vitamin D