

SPIRULINA-CHLORELLA BALANCE - 1000

CAPSULES

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Spirulina-Chlorella Balance is a balanced nutritional supplement with the ideal ratio of Spirulina (70%) and Chlorella (30%). Spirulina-Chlorella Balance contains a wide range of micronutrients: vitamins, minerals, essential amino acids, essential fatty acids and phytochemicals.

Description

Spirulina and Chlorella are two micro-algae which have been growing for millions of years in the pure water surrounding the equatorial region. These microalgae are edible for humans, so they can be consumed like any other form of food. These micro-algae contain an impressive range of nutrients: vitamins, minerals, trace elements (micro minerals), essential fatty acids, proteins, nucleic acids (RNA and DNA), chlorophyll, and a broad spectrum of phytochemicals. In fact, they contain each nutrient that the human body needs (theoretically speaking you would be able to survive on them). Spirulina and Chlorella proportionately contain more proteins and also more digestible proteins than animal food (chlorella is a source of protein, consisting of 58% of proteins). Moreover, these proteins contain all 8 essential amino acids which the human body needs.

The following substances are found in large quantities in Spirulina and Chlorella:

- All group B vitamins, including vitamin B12 that is practically never found in plants.
- Vitamin C
- Vitamin E
- Macro Minerals: Calcium, Magnesium, Zinc, etc. ...
- Micro Minerals (dietary minerals)
- Omega 3 fatty acids
- Muco Polysaccharides
- Beta-carotene
- Nucleic acids (RNA-DNA)
- Chlorophyll
- Chlorella growth factor

What is remarkable is the fact that all these substances occur in an ideal ratio in function of the needs of the human body! Therefore these two microalgae are sometimes also called 'superfoods'.

INSTRUCTIONS

Every day 3x10 capsules with a little water during meals. This dose is best increased gradually according to the following schedule:

Week 1: 3x3 per day

Week 2: 3x5 per day

Week 3: 3x7 per day

Then continue to take 3x10 per day.

Do not exceed the recommended daily intake. Store the product out of reach of young children.

Food supplements should not replace a varied and balanced diet and a healthy lifestyle.

Composition

Composition			
English name	Galenic form	Amount	Function
Spirulina (Green alga)	Powder	350 mg	
Chlorella (Green alga)	Powder	150 mg	
Magnesium Stearate	Powder	5 mg	Anticaking agent
Gelatine	Capsule	95 mg	

ACTIVE COMPONENTS		
Active components	Amount per recommended dose	Amount per 10 g
Carotene	58.8 mg	1,1 g
Chlorophyll	123.9 mg	1,2 g
Phycocyanin	1350 mg	12,8 g
Linolenic acid	99 mg	940 mg
Chlorella growth factor (C.G.F)	90 mg	2 g

Categorie:	Detox
Form:	Capsule
Free from:	No info
Raw Material:	Chlorella, Spirulina