

B-Dyn 90 tab or type unknown

## B-Dyn - 90 tab

MET21455

Buy this product at <https://www.nutri4all.com/b-dyn-90-tabl>

B Dyn® contributes to normal functioning of the nervous system and to normal psychological function (vit. B1, B3, B6, B12, biotin), to the reduction of fatigue (vit. B2, B3, B5, B6, B12), and to a normal metabolism of homocysteine.

## Description

### Usage

1 tablet daily or as recommended

Safe during pregnancy

Safe during lactation

## Composition

Ingredients per tablet		RI*
Vitamin B1 (thiamin HCl)	4.2 mg	382%
Vitamin B2 (riboflavin-5-phosphate)	4.8 mg	343%
Vitamin B3 (niacinamid)	54 mg	338%
Vitamin B5 (calcium-D-pantothenate)	18 mg	300%
Vitamin B6 (pyridoxal-5-phosphate)	6 mg	429%
Vitamin B12	500 mcg	20000%
Folate (MetaFolin)	400 mcg	200%
Biotin	450 mcg	900%
Cholin	82.5 mg	
Inositol	50 mg	
PABA	50 mg	

\* RI = Reference Intake

### Carriers

microcrystalline cellulose, maltodextrin, hydroxypropyl cellulose, stearic acid, sodium carboxymethyl cellulose, silicon dioxide, magnesium stearate

**Categorie:** Vitamin B

**Characteristic:** Vegan, Vegetarian

**Form:** Tablet

**Free from:** Gluten, Lactose, Soya

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**Raw Material:**

Choline, Folate, Inositol, Paba, Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6,  
Vitamin B8