

Combined Support (Total Protect) - 120 caps

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NS12568

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### Description

Combined Support is a complete multivitamins, minerals and phytoproduct. This meticulously developed formula offers comprehensive front-line protection, and contains carefully selected raw materials.

- Beneficial for heart and blood vessels (resveratrol)
- Supports the immune system (zinc, vitamins B6, B12, D, folate, selenium and Curcuma longa)
- Helps maintain cognitive function (iodine, zinc and Camellia sinensis)
- Protection against oxidative stress (selenium, zinc, vitamin B2 and Camellia sinensis)
- Supports the normal functioning of the nervous system (vitamins B6, B1, B2, B12 and iodine)
- Helps reduce fatigue (vitamins B6, B2, B12 and folate)
- Is good for normal psychological functioning (folate, biotin, vitamins B1 and B12)
- For supple joints (Curcuma longa)
- Supports normal energy metabolism (vitamins B12, B1, B2, B6, biotin and iodine)
- Helps preserve normal mucous membranes and skin (vitamin B2 and biotin)
- Helps maintain normal bones (vitamin D, zinc and vitamin K)
- Contributes to the normal formation of red blood cells (vitamins B2, B6, B12 and folate)

Daily Intake: 1 green and 1 purple capsule with breakfast

Not suitable for children up to 18 years and in case of pregnancy or lactation. Persons with hypothyroidism or under thyroid treatment should consult a doctor. Do not exceed the recommended daily dose.

Combined Support is a dietary supplement and should not be used as a substitute for a varied, balanced diet and a healthy lifestyle. Store in a cool and dry place. Keep out of the reach of children. Before use, consult your if using anticoagulants simultaneously. Not suitable for persons taking coumarin anticoagulants. Should not be consumed on an empty stomach or if taking other products containing green tea on the same day.

1 green capsule Combined Support contains 112.5 mg epigallocatechin 3-gallate (EGCG), do not exceed the daily allowance of 800 mg EGCG per day. Inform your doctor or pharmacist in case of liver or gallbladder disease or simultaneous intake of medicines.

### Composition

#### Ingredients per purple capsule

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Broccoli ( <i>Brassica oleracea</i> L.) seed extract standardized to 12 mg sulforaphane glucosinolate	120 mg	
Resveratrol	50 mg	
Alpha-lipoic acid	50 mg	
Co-enzyme Q10 (natural form)	25 mg	
Zinc (zinc-L-methionine)	9,5 mg	95%
Vitamin B6 (pyridoxal-5-phosphate)	6 mg	428%
Vitamin B2 (riboflavin)	4,8 mg	343%
Vitamin B1 (thiamine HCl)	4,2 mg	382%
Biotin	450 mcg	900%
Folic acid (calcium-L-methyltetrahydrofolate)	400 mcg	200%
Vitamin B12 (methylcobalamin)	250 mcg	10000%
Iodine (potassium iodide)	225 mcg	150%
Chromium (chromium picolinate)	187,5 mcg	468%
Vitamin K2 (menaquinone-7)	45 mcg	60%
Vitamin D3 (cholecalciferol)	45 mcg	900%
Selenium (L-selenomethionine)	30 mcg	55%

#### Ingredients per green capsule

Acetyl-L-carnitine	250 mg
Green tea ( <i>Camellia sinensis</i> ) standardized to 45% EGCG	250 mg
Turmeric ( <i>Curcuma longa</i> L.) standardized to 95% curcumin	125 mg

**Ingredients:** Purple capsule: bulking agent (microcrystalline cellulose), capsule (coating (hypromellose) and carrot concentrate (*Daucus carota*)), broccoli, resveratrol, alpha-lipoic acid, zinc-L-methionine, co-enzyme Q10, anti-caking agents (silicon dioxide and magnesium stearate), cholecalciferol, pyridoxal-5-phosphate, L-selenomethionine, thiamine HCl, riboflavin, chromium picolinate, biotin, calcium-L-methyltetrahydrofolate, potassium iodide, methylcobalamin, vitamin K2 (from **soy**)

#### Green capsule:

acetyl-L-carnitine, green tea, capsule (coating (hypromellose), colour (copper complexes of chlorophyllin)), turmeric, bulking agent (microcrystalline cellulose), anti-caking agents (silicon dioxide and magnesium stearate) \*RI: Reference Intake

**Allergen:** soy

**Categorie:** Multivitamins

**Form:** Vegetarian capsule

**Free from:** No info

**Raw Material:** Alpha lipoic acid, Broccoli, Chrome, Coenzyme Q10, Curcuma, Folic acid, Green tea, Iodine, N-acetyl-L-carnitine, Selenium, Vitamin B1, Vitamin B2, Vitamin B6, Vitamin B8, Vitamin B12, Vitamin D, Vitamin K2, Zinc