

Buffered Vitamin C 100 caps

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NS13572

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Buffered Vitamin C contains calcium ascorbate, a buffered form of vitamin C that is well-tolerated by the stomach, supplemented with vitamin C from the fruit acerola.

Description

Buffered Vitamin C contains calcium ascorbate, a buffered form of vitamin C that is well-tolerated by the stomach, supplemented with vitamin C from the fruit acerola.

Vitamin C contributes to:

- maintenance of normal immune system function during and after strenuous physical exercise;
- normal collagen formation for the normal function of: blood vessels, bones, cartilage, gums, teeth and skin;
- normal energy-yielding metabolism and the reduction of fatigue;
- protection of cells against oxidative stress;
- normal functioning of the nervous system;
- normal psychological function.

Daily intake

Take 1 capsule, 1 to 2 times daily with meals.

Do not exceed the recommended daily dose. Buffered Vitamin C is a dietary supplement and should not be used as a substitute for a varied, balanced diet and a healthy lifestyle. Store in a cool and dry place. Keep out of the reach of children. Consult your doctor or pharmacist before use in case of pregnancy or lactation. Kidney patients should not take more than 200 mg of vitamin C per day considering, among other things, the risk of hyperoxaemia.

Composition

Ingredients per capsule

Vitamin C (calcium ascorbate)	475 mg
	(594% RI*)
Acerola (<i>Malpighia glabra</i> L.) fruit extract	100 mg
standardised at 25% vitamin C (31.25% RI*)	

Ingredients: calcium ascorbate, capsule (hydroxypropylmethylcellulose), acerola, bulking agent (microcrystalline cellulose), anti-caking agents (magnesium stearate and silicon dioxide). *RI: Reference Intake

Categorie:	Vitamin C
Form:	Capsule
Free from:	No info
Raw Material:	Acerola, Vitamin C